

GOD'S PLAN FOR YOUR SEXUALITY

Along with all the changes in your body, during adolescence you will begin to experience a new interest in the opposite sex. An understanding of your sexuality and the responsibilities it brings will help you fulfill God's plan for your body!

Before we begin, think back over the years. What is the most special gift anyone has ever given you? Why was it special?

We'll come back to this question later.

If our new found feelings of sexuality is a major part of adolescence, then it makes sense that we should look to the Bible to discover what God has to say about it! And He says a lot! Let's take a look...

**WALK
IN THE LIGHT
OF THE
LORD**
ISAIAH 2:5

GOD'S PLAN FOR SEX

Read Genesis 1:27,28, 31 and complete the following statements:

- God created _____ and _____.
- He told them to be _____ and _____.
- God saw all that He made, and it was _____.

God commanded the man and woman to have a family. The way to have children is through sexual intercourse. So when God said that what He had made was good, that included sex.

However, sexual intercourse is good not only because it produces babies, but because of the pleasure it gives to the husband and the wife. Sex forms a special bond between a husband and a wife that no one else should share.

That's why God puts limits on our expression of sexual feelings. Since God created sex, it makes sense that He would know best how it should be used!

Look up the following verses to discover more of God's plan for sexuality...

1. Hebrews 13:4 _____ should be honored by all. And the marriage bed kept _____, for God will judge the adulterer and all the sexually _____.

What does this tell you about God's plan for sex?

2. I Cor. 6:18 Flee from _____ immorality.

What does the word FLEE mean?

It is interesting to note that the Bible doesn't say we should "Shy away from", or "Don't come near" sexual sin. Instead, it uses a strong word like "flee." God doesn't want us anywhere close to sexual sin, and when we find ourselves near it, He wants us to run away from it!

3. **I Cor. 6:20** Honor God with your _____.

Note that God wants us to honor Him with our bodies as well as our hearts and minds. By keeping ourselves sexually pure, we are honoring the God who made us!

Genesis 1 shows us that God is the inventor of sex and that He called it good. However, we find in other verses that it is only good when it is done according to God's plan. God's plan is for sex to be between a husband and wife united in the bond of marriage. We also see it is NOT God's plan for sex to occur outside of marriage. As a matter of fact, God uses some pretty strong language in regard to this offense!

WHY GOD'S PLAN IS BEST

God's plan is for sex to only be between a husband and wife united in marriage. It is also God's plan for it NOT to occur outside of this bond. Let's look at some reasons why God's plan is the best plan!

1. **God's plan protects our bodies!**

Waiting until we are married before having sex protects our bodies from many problems. How will waiting protect your body?

_____	_____
_____	_____

When we refuse to follow God's plan for sex, we risk exposing ourselves to consequences like disease and pregnancy. By following God's plan, we protect our bodies.

2. **God's plan protects our minds!**

Sexual sin has consequences. One of the results is a lifetime of regret over painful mistakes. By following God's plan, sex is something to enjoy without having to associate it with bad memories.

3. **God's plan protects your relationship with Him.**

How do you think engaging in premarital sex would affect your relationship with God?

These are just three reasons why God's plan is best. There are many more reasons we have not spoken about.

Following God's plan for sex will protect you in the present, as well as bless you in the future. Let's wrap up by returning to the question we started this lesson with...

WRAPPING UP

Remember when we asked you if someone has ever given you a special gift? Let me ask a few more questions...

- Would that gift be as special if you found out the person who gave it to you gave the same gift to everyone on their shopping list?
- Would that gift be as special if you found out it was purchased used?
- Would it still be as special if it meant nothing to the person who gave it to you?

A gift is special when the person giving it to us has put a lot of thought into it to make it special and unique. In the same way, our sexuality is a special gift we can give to our future spouse! There is no greater gift we can give than to give a gift we were saving for them before we even knew them!

What will your decision be? It's important to decide NOW what you will decide to do with your sexuality. Take a quiet moment to decide, then write your decision here. This is between you and God, you will not be asked to share it unless you want to.

LORD, THIS IS WHAT I HAVE DECIDED I WILL DO ABOUT SEX BEFORE MARRIAGE:
